

# Procydin (proanthocyanadins)

## Ingredients typically per vegetable capsule

Black Cherry 4:1 Extract (providing 105mg blackcherry extract equivalent to 1200mg blackcherries with potato maltodextrin & citric acid)	300mg	Blueberry 4:1 Extract (providing 40mg blueberry extract equivalent to 400mg blueberries with potato maltodextrin)	100mg
Blackberry 4:1 Extract (providing 40mg blackberry extract equivalent to 400mg blackberries with potato maltodextrin & citric acid)	100mg	Celery Seed 10:1 ( <i>Apium graveolens</i> ) (equivalent to 30mg <i>Apium graveolens</i> )	1mg
<b>Non-active Ingredients:</b>		<b>Capsule:</b>	
Cellulose		Cellulose* & Water	
Vegetable Magnesium Stearate		*Cellulose - HPMC Hydroxypropyl methylcellulose	

## Nutritional Information per Daily Intake (3 capsules)

Black Cherry 4:1 Extract (equivalent to 3.6g black cherries)	315mg
Blackberry 4:1 Extract (equivalent to 1.2g blackberries)	120mg
Blueberry 4:1 Extract (equivalent to 1.2g blueberries)	120mg
Celery Seed 10:1 Extract (equivalent to 30mg <i>Apium graveolens</i> )	3mg

**Ingredients:**  
Potato Maltodextrin, Black Cherry Extract, Capsule (Hydroxypropyl methylcellulose & Water), Blackberry Extract, Blueberry Extract, Bulking Agent (Cellulose), Anti-caking Agent (Vegetable Magnesium Stearate), Citric Acid, Celery Seed (*Apium graveolens*)<sup>1</sup>.

## Recommended Intake

Three capsules taken daily with food or as professionally directed.

## Allergen Information

<sup>1</sup> From Celery

## Contra-indications

Not suitable for children with hyperactivity.

## Suggested Combinations

Celery Seed, Ginkgo Plus or Ginkgo Biloba, Ginger Forte & MicroCell® Vitamin E.